

# Oakdale Dental News

In the last edition of our newsletter, we invited you to visit our new website at <http://www.oakdaledental.ca>. The site is under continued development and now offers a wonderful new feature - a blog!

I started my blog as a way to keep in touch with all of my patients. I plan to use the blog to keep you updated on what is happening around the office and to share recent news from the field of dentistry.

I must admit that I love the immediacy of the blog. As soon as I have news to share, I can create a post and reach all of our patients quickly and easily. I plan to post items to the blog often, so be sure to check it on a regular basis.

The website makeover and blog are just some of the exciting changes we've experienced this year. As the end of the year approaches, we are looking back fondly at a really wonderful time of growth and transformation in our practice.

As the calendar year nears its end, it may be time for you to do some looking back (and forward) too. At this time of year, we are often asked about dental insurance benefits and whether or not they can be carried over into the new year.

Unfortunately, most plans do not have a carryover option. In short, any benefits you have not used this year will be gone for good once the new year arrives. If you are planning any major treatments that cost more than your annual benefits allow, you may want to consider beginning treatment before the end of the year. If you can split your treatment over two insurance coverage terms, you can maximize your dental benefits.

If you have any questions about your insurance plan, we invite you to bring the literature your insurer provided to our office. We would be happy to explain how your plan works so you can get the most out of your coverage.

*Dr. Steven Rosenblat*



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#### Staff:

Judy Stanley – Office Manager  
Margaret Baniak – Treatment Coordinator  
Pam Shea – Certified Dental Assistant  
Shona Ferguson – Certified Dental Hygienist  
Wendy Clarke – Certified Dental Hygienist

#### Hours:

Monday ..... 8am – 4pm  
Tuesday ..... 9am – 8pm  
Wednesday ..... 9am – 8pm  
Thursday ..... 8am – 5pm  
Friday ..... 8am – 2pm

# HEALTHY SMILE REPORT



**Oakdale  
DENTAL**

*compliments of DR. STEVEN ROSENBLAT*



## LOOK INSIDE FOR:

- What Is a Root Canal And When Is It Required?
- Restore Your Smile With Dental Implants
- Q&A – Fillings... Silver Or White... What's The Difference
- Oakdale Dental News

The hustle and bustle of back-to-school activity is often the first sign of the end of summer and the start of another fall season. While some of us look back longingly at the warm, lazy days of summer, others are grateful for the return to a full and structured schedule. Don't forget to take care of your healthy smile as you ease your way back into your routine.

Dentistry today puts that great smile in everyone's reach. Improving the condition of unhealthy teeth and gums or correcting smiles with chipped, stained, crooked or missing teeth have become common procedures, helping people smile more confidently.

While patients continue to visit our office regularly to ensure the overall healthiness of the teeth and mouth, more of them are beginning to ask questions about ways to enhance the appearance of their smile.

If you'd like to realize your best smile, your first step is asking us a question. Providing information to assist you in attaining and maintaining your healthiest and most beautiful smiles is the cornerstone of our dental office. You are always welcome to drop by our office or call us with any questions you may have.

Keep Smiling,

*Dr. Steven Rosenblat*



[WWW.OAKDALEDENTAL.CA](http://WWW.OAKDALEDENTAL.CA)

# What Is a Root Canal And When Is It Required?

Deep cavities and cracks in teeth can allow bacteria to enter the pulp that nourishes the teeth, leading to irritation and infection. Eventually, the pulp may die, threatening the health of the surrounding tooth. In cases like these, your dentist will try to save the natural tooth with a root canal treatment.

At each check-up Dr. Rosenblat looks for possible signs of infection. If root canal treatment is necessary, Dr. Rosenblat can perform the procedure. It is important that you receive treatment as soon as possible to prevent further infection and possible tooth loss.

Root canal treatments remove the dead or infected pulp through a small opening in the tooth. The root canals are sealed to prevent bacteria from reaching the bone, and the opening in the tooth is sealed with a filling or crown.

With a root canal you can keep your natural teeth and avoid a costly tooth replacement. Speak to one of our team members to learn more.



*We welcome  
new patients  
and appreciate your referrals of  
family and friends!*



*“Celebrate your smile!”*

## Q&A

### Fillings... Silver Or White... What's The Difference?

Many of us who grew up before the time of fluoridated water have a mouth full of silver fillings. These fillings known as amalgams, have proven to be extremely durable restorations, but they are not very pleasing to the eye.

Fortunately, recent advances in dental materials have made it possible to use tooth coloured filling materials. These materials can be virtually indistinguishable from natural teeth and are used to achieve long lasting and attractive restorations. In our practice, we use tooth coloured materials for almost all of the fillings that we place. We even use these materials to replace old amalgam fillings that have started to deteriorate or that simply detract from the appearance of our patient's smiles.

Feel free to contact our office if you have any concerns about your old silver fillings. We will be more than happy to answer your questions.

### Restore Your Smile With Dental Implants

An attractive smile speaks volumes about you and your overall state of health. Missing teeth can diminish the appearance of your smile and, more importantly, lead to other problems with your oral health.

When you lose one or more teeth, the shape of your mouth and look of your face can change. Over time, teeth will drift out of place, leading to jaw pain and a higher risk of gum disease. Gaps in your smile can also have an impact on the functioning of your teeth. Your ability to eat certain foods may be reduced and your speech may be affected.

Fortunately, your dentist has a solution for missing teeth. Dental implants provide permanent replacements that mimic the look and feel of natural teeth. The implant is placed below the gum and bonds to the jaw, much like the root of a natural tooth. It acts as a base for a replacement tooth, or crown.

Dental implants are suitable to most people in good general health. Implants are put in place during a simple, short surgical procedure done under local anesthetic.

Implants improve the function and look of your smile. With a natural appearance, dental implants blend seamlessly with your other teeth. Because they are permanently fixed in the mouth, they give you the freedom to enjoy all of the foods you want. They also prevent other teeth from shifting, giving you a healthier smile and improved speech.

If you have concerns about your missing teeth, talk to us about dental implants.